Class II Corrector



A class II corrector appliance is a fixed appliance that works on the upper and lower teeth at the same time. It works by pulling the top teeth back and pushing the bottom teeth forward so that your bite matches up.

It usually takes 4-8 months for treatment time.

What Does the Forsus Feel Like?

It is likely to be uncomfortable for the first 2 weeks after the appliance is inserted. Chewing will be awkward at first. To help with the adjustment period rinse with warm salty water. At night, place cotton rolls between the cheeks and the springs to cushion the area while sleeping. Take Tylenol or Advil. Eating softer foods like mashed potatoes, apple sauce, mac & cheese, pasta, soup, yogurt and eggs will help alleviate discomfort.

Are There Foods I Should Avoid?

Avoid sticky foods, like gum and lollipops. These can stick to and around your forsus and may damage or loosen it. Also avoid chewing hard food such as ice. Take care when eating bagels, pizza, apples and pears. Break or cut these foods into small, bite-size pieces.

How Do I Clean?

Brush your teeth three times a day and use fluoride toothpaste. If possible, carry a brush with you for use after lunch. The class II corrector springs look shiny when clean. If plaque is allowed to remain on the appliance, it will appear dull and may cause sores (ulcers) to form inside your mouth.

Can It Come Apart?

Yes. The most common way is for the rod to slide out of the spring when you open very wide, as when yawning. If this happens, don't panic. Go to a mirror, open wide and use your fingers to compress the spring, and then slide the

Continued on back



rod back into the spring. If it happens often, be certain to tell us at your next appointment. If you have trouble reengaging the spring or have something broken, you may secure it to the arch wire with dental floss. Call our office.

Fees For Replacement/Repair

It is not common for a class II corrector to break. The cause is usually due to harsh use. Call our office to schedule an appointment for replacement. The fee is \$250.00.

